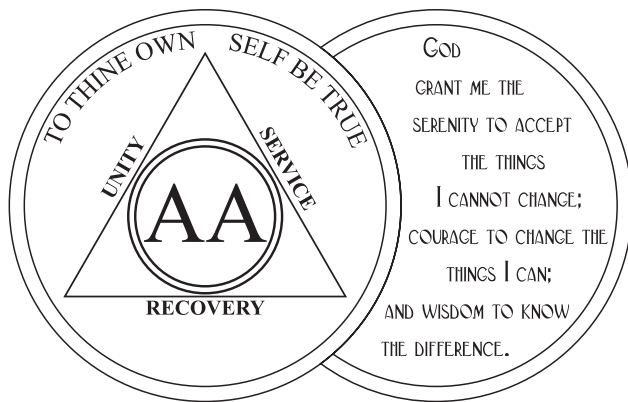


# TODAY

## Palm Beach County Intergroup Association

To serve our associated groups in carrying the A.A. message to the still suffering alcoholic according to the principles of the Twelve Steps, Twelve Traditions and Twelve Concepts of A.A., always remembering that our common welfare comes first.



August 2016

[www.aa-palmbeachcounty.org](http://www.aa-palmbeachcounty.org)

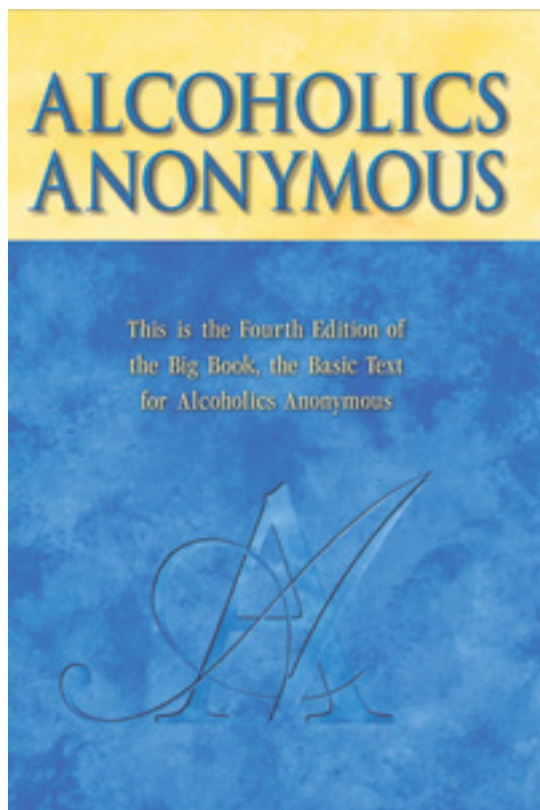
24 Hour AA Hotline 561-655-5700

## !! CELEBRATING 20 YEARS!!

Prior to the workshop -join us for a PANCAKE BREAKFAST from

8:00 am to 8:30 am at the Triangle Club

Donations accepted



Sponsored by the "Good Morning Group"

Sept 24th & 25th, 2016 8:30am -4:30pm

Triangle Club  
Serenity Room

The Triangle Club  
1369 Okeechobee Rd  
West Palm Beach, FL 33401  
Call 561-832-1110  
for directions only

For more information call  
Bill 0: 561-818-1087

Volunteers needed to hear 5th  
Steps on Sunday morning



# Financial Reports

## Palm Beach County Institutions Committee Operating Report 7/01/2016 - 7/31/2016

Opening Balance Operating	\$1069.17
Opening Balance Prudent Reserve	\$11,722.66

### Revenues

Group Donations	\$20.00
Interest	\$0.30
Big Book Ball	-
<b>Total Revenues</b>	<b>\$20.30</b>

### Expenses

Bank Charge	-
Rent	-
Big Book Ball	-
Printing	\$38.48
<b>Total Expenses</b>	<b>\$38.48</b>
Monthly Surplus/(Deficit)	\$(18.18)
Closing Balance Operating	\$1025.69
Closing Balance Prudent Reserve	\$11,747.96

# VOLUNTEER

DO I NEED TO SPELL  
IT OUT FOR YOU

Website Visits for June	
Unique Visitors	8,781
1st Time Visitors	6,966
Returning Visitors	1,815

Due to Ed's absence the Financial Report was not ready in time for publication. Please keep our good friend Ed in your prayers

## AA One-liners

AA won't open the gates of heaven to let you in, but it will open the gates of hell to let you out.

Acceptance: Experience is what you get when you don't get what you want.

If you think you are an alcoholic, chances are, you are.

Alcoholism: If the cure works, chances are, you have the disease.

Three most dangerous words for an alcoholic:....."I've been thinking"



"When they say 'keep coming back,' this is not the place they were talking about."—Anonymous

Reprinted with permission <http://www.aagrapevine.org/cartoon-winners>

Go to [www.aa-palmbeachcounty.org](http://www.aa-palmbeachcounty.org)  
to get the Today online or email  
[pbcregistrar@gmail.com](mailto:pbcregistrar@gmail.com) with  
"Send Today to My Email"  
in the subject line to receive it via email.

## Standing Meetings

**Institutions Committee** meets on the First Sunday of every month at the Triangle Club at 1369 Okeechobee Road, West Palm Beach. For those interested in becoming involved, there is a mandatory orientation at 4:30 p.m. in Serenity room, which precedes our general meeting at 5:00 p.m. The Institutions Committee is always looking for volunteers. Join us! This is a great way to pass it on.

**Intergroup** meets at 6:15 pm on the Second Wednesday of every month at the Intergroup Office, 1371 Okeechobee Rd., West Palm Beach. Visitors are welcome. For more information please call the Intergroup Office at 655-5700.

**District 8 General Service** meets at the Triangle Club (1369 Okeechobee Rd, WPB) on the second Sunday this month @ 4:00 p.m.

Visitors are welcome. For more information please go to [www.district8area15aa.com](http://www.district8area15aa.com) or call the Intergroup Office at 655-5700.

## Upcoming Events

**December 2 - 4** Southeast Regional Forum Lake Mary Marriott - 1501 International Pkwy Lake Mary, FL 32746  
Flyer at: <http://district8area15aa.org> go to calendar  
Contact: [serfnfac2016@gmail.com](mailto:serfnfac2016@gmail.com)

### August 20 - Chili Cook-Off

7:30 PM Delray Central House  
Group Chili Cook-Off

info: [andrewberzak@gmail.com](mailto:andrewberzak@gmail.com)

Service Seekers  
Stay Sober

## Upcoming Events

### August 26-28 Women In Recovery Conference

Delray Beach Marriott

info:[www.thewomeninrecovery.com](http://www.thewomeninrecovery.com)

### October 27-30 30th Annual Promises in Paradise Convention

St. Thomas, Virgin Islands

info:[www.promisesinparadise.com](http://www.promisesinparadise.com)

**Look to this Day** (Tuesday, 9 am, Club Oasis) group needs support. come on by for a morning meeting.

## Quotes

“When I stopped living in the problem and began living in the answer, the problem went away.”

— Alcoholics Anonymous

“To this day, I am amazed at how many of my problems - most of which had nothing to do with drinking, I believed - have become manageable or have simply disappeared since I quit drinking.”

— Alcoholics Anonymous

“And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing, or situation “some fact of my life” unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment.”

Alcoholics Anonymous -  
Big Book

“There is an island of opportunity in the middle of every difficulty.”

— Alcoholics Anonymous

## Quotes

“The feeling of having shared in a common peril is one element in the powerful cement which binds us.”

— Alcoholics Anonymous - Big Book

Alcoholic solution: a man who, having a headache, beats himself on the head with a hammer so that he cannot feel the ache.”

— Alcoholics Anonymous

### The Eighth Step Prayer

Higher Power, I ask your help in making my list of all those I have harmed. I will take responsibility for my mistakes & be forgiving to others as you are forgiving to me. Grant me the willingness to begin my restitution. This I pray.

*Service is a way of life*

### Join an Intergroup Committee!

- 12 Step List
- Bridging the Gap
- Group Contact
- Phone Volunteers
- Institutions
- Public Information

Visit [www.aa-palmbeachcounty.org](http://www.aa-palmbeachcounty.org) or call 561-655-5700 for more information.

**Palm Beach County Intergroup Association**  
1371 Okeechobee Road • WPB, FL 33401  
Phone: 561-655-5700 • Fax: 561-655-6441  
[www.aa-palmbeachcounty.org](http://www.aa-palmbeachcounty.org)  
Email: [pbciaa@bellsouth.net](mailto:pbciaa@bellsouth.net)

## Steps • Traditions • Concepts

**Step 8:** Made a list of all persons we had harmed, and became willing to make amends to them all.

**Tradition 8:** Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, so I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?

**Concept 8:** The trustees are the principal planners and administrators of the overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities..

1. Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc. and A.A. Grapevine, Inc.) and the General Service Board?
2. How can the business term “custodial oversight” apply to the trustees’ relationship to the two corporate service entities? ▲

Keep it  
Service Silly

*First Things First*

## JOIN THE BIRTHDAY CLUB!

Celebrate your years of recovery  
by giving a little something back!

You'll get:

Bill & Bob Medallion, Birthday Flyer and  
your Name printed in the TODAY newsletter.\*

Complete this form and mail to:

Birthday Club, 1371 Okeechobee Road, WPB FL 33401  
or email us at [pbciaa@bellsouth.net](mailto:pbciaa@bellsouth.net)

\$1 per year of sobriety is the suggested contribution  
(Feel free to give more!)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Home Group: \_\_\_\_\_

Sobriety Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Phone # (        ) \_\_\_\_\_ — \_\_\_\_\_

DONATION: \$ \_\_\_\_\_

\*Deadline for new submission for TODAY printing is the last Wednesday  
one month prior to the month of your anniversary

## SUBSCRIBE TO THE TODAY!

\$6.00 per year | 12 issues mailed directly to you!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mail to: Palm Beach County Intergroup Association  
1371 Okeechobee Road, West Palm Beach, FL 33401

**Does your group have an  
upcoming AA event?  
Send your submissions to  
[today@aa-palmbeachcounty.org](mailto:today@aa-palmbeachcounty.org)**

## Birthday Club

### July Anniversaries

Karen C	8 years	Patricia F	22 years
Frank L	10 years	Liz B	24 years
Tracy C	10 years	Colleen M	32 Years
Tina W	11 years	Maxine M	35 years
Bob W	13 years	John K	42 years

### August Anniversaries

Todd C	6 years	Louise S	24 years
Deborah P	7 years	Diane M	24 Years
Lindsay Y	7 years	Bill B	35 years
Ed W	7 years	Susan C	37 years
Lori G	15 years	Johnnie P	38 years
Joyce L	17 years	Doris S	40 years

*Don't Drink, and Go To Meetings*