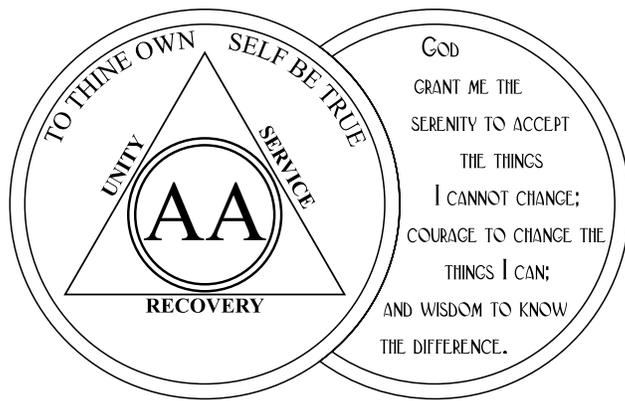


TODAY

Palm Beach County Intergroup Association

To serve our associated groups in carrying the A.A. message to the still suffering alcoholic according to the principles of the Twelve Steps, Twelve Traditions and Twelve Concepts of A.A., always remembering that our common welfare comes first.



June 2016

www.aa-palmbeachcounty.org

24 Hour AA Hotline 561-655-5700

Heat, pray, love

Reprinted with permission The AA Grapevine May 2010

When I first heard the words “Big Book” in AA, I thought that the members were talking about the Bible, and that I would have to read it. I was crazed, shaking and full of despair, and all I could think was, Oh, no. What have I gotten myself into now, a cult? Although I wanted to be invisible, people kept surrounding me and saying that it was a matter of life and death for someone like me to pick up a drink. This was news and got me listening. I kept going back, in case I heard something else that helped make sense of it all. I heard a lot of God gibberish. It was all unattainable to me, but the love of strangers kept pulling me up from the bottom of the ocean and getting my attention, one day at a time, one minute at a time.

My sponsor told me that I needed to believe in something greater than me. I was raised in a faith that had what I believed was a punishing God, who always failed me and whom I always failed. I had no desire to have a relationship with that God. My sponsor told me to pray to the radiator in my apartment. She said to just believe that as long as it was there, I wouldn't drink. My sponsor was greater than me because she knew how to not drink; I didn't. She was my Higher Power. I asked the radiator to keep me sober each day, and I spoke to her to find out how.

Where I got sober, there were only three or four young people, so I was babied a lot by older folks. I was in my 20s and after a few months I heard about a young people's conference, which I attended. I was shocked to be

in a hotel room, paralyzed with fear about meeting anyone my own age. My chest was tight, my hands were sweating and I was in physical pain. I couldn't leave my room. I didn't know how to talk to anyone without a drink. That was the first time I saw how incredibly broken I was. I got on my knees and said, “If there is anyone out there, please help me.”

In time, I started praying to “Big Bertha.” Every day that I asked Big Bertha to keep me sober, she kept me sober. It doesn't matter what you call your Higher Power, as long as you call. It took three years for me to unlearn my religious upbringing so I could find a God who loved me unconditionally and was always in my corner. This Higher Power has been revealed to me many times in many different ways. I am positive that I am not alone, nor will I ever be.

Like so many things in the program, I took action first and later I understood why. I would say that living this way you need blind faith, but it's not so blind. I can see the miracles in other people's lives in the meetings every day. I know today, 34 years later, that God loves me tremendously and tells me so all the time. All I need to do is open my eyes.

SNOW P.

Ft. Lauderdale, Fla.

Financial Reports

Palm Beach County Institutions Committee Operating Report 5/01/2016 - 5/31/2016

| | |
|---------------------------------|--------------|
| Opening Balance Operating | \$2,827.17 |
| Opening Balance Prudent Reserve | \$11,672.07 |
| Revenues | |
| Group Donations | - |
| Interest | \$0.30 |
| Big Book Ball | - |
| Total Revenues | \$0.30 |
| Expenses | |
| Bank Charge | \$3.00 |
| Rent | \$180.00 |
| Big Book Ball | \$1,558.00 |
| Literature | - |
| Total Expenses | \$1,741.00 |
| Monthly Surplus/(Deficit) | \$(1,740.70) |
| Closing Balance Operating | \$1,061.17 |
| Closing Balance Prudent Reserve | \$11,697.37 |

Palm Beach County Intergroup Operating Report 5/01/2016 - 5/31/2016

| | | |
|--|------------|--------------------|
| Opening Balance Checking | | \$17,218.03 |
| Revenues | | |
| Literature Sales | \$4,435.36 | |
| Sales Tax | 268.21 | |
| Group Contributions | 3,128.06 | |
| Today Subscriptions | 12.00 | |
| Birthday Club Memberships | 177.00 | |
| Meeting Baskets | 61.00 | |
| Total Revenues | | \$8,081.63 |
| Expenses | | |
| Literature Purchases | \$2,754.76 | |
| Sales Tax | 288.24 | |
| Credit Card Fees | 19.74 | |
| Office Salary | 2,883.48 | |
| FICA & Unemployment Tax | 220.56 | |
| Paychex(monthly fee) | 80.00 | |
| Health Insurance | 264.33 | |
| Rent & Water | 475.00 | |
| AT&T (Internet, Phone, Website) | 331.93 | |
| FP&L | 136.08 | |
| Pye-Barker Fire & Safety, Inc | 50.50 | |
| Exterminating | 37.00 | |
| Printing | 231.00 | |
| Office Supplies / Postage | 134.52 | |
| Total Expenses | | \$7,907.14 |
| Monthly Surplus / (Deficit) | | \$174.49 |
| Closing Balance Checking | | \$17,392.52 |
| Opening Balance Prudent Reserve | | \$17,538.93 |
| Prudent Reserve Interest | | \$0.38 |
| Closing Balance Prudent Reserve | | \$17,539.31 |

Office Activity for May

| | |
|-------------------------------|-----|
| Requests for meetings info | 123 |
| 12th Step requests | 1 |
| BTG | - |
| Other information | 56 |
| Public Information requests | - |
| Institutions Meeting requests | - |
| Visitors | 264 |
| Emails | 244 |
| Total Activity | 688 |

Website Visits for May

| | |
|--------------------|-------|
| Unique Visitors | 8,538 |
| 1st Time Visitors | 6,813 |
| Returning Visitors | 1,725 |

Go to www.aa-palmbeachcounty.org
to get the Today online or email
pbcregistrar@gmail.com with
"Send Today to My Email"
in the subject line to receive it via email.

Standing Meetings

Institutions Committee meets on the First Sunday of every month at the Triangle Club at 1369 Okeechobee Road, West Palm Beach. For those interested in becoming involved, there is a mandatory orientation at 4:30 p.m. in Serenity room, which precedes our general meeting at 5:00 p.m. The Institutions Committee is always looking for volunteers. Join us! This is a great way to pass it on.

Intergroup meets at 6:15 pm on the Second Wednesday of every month at the Intergroup Office, 1371 Okeechobee Rd., West Palm Beach. Visitors are welcome. For more information please call the Intergroup Office at 655-5700.

District 8 General Service meets at the Triangle Club (1369 Okeechobee Rd, WPB) on the second Sunday this month @ 4:00 p.m.

Visitors are welcome. For more information please go to www.district8area15aa.com or call the Intergroup Office at 655-5700.

Upcoming Events

JUNE 25 11th Annual Unity Breakfast
PLANTATION UNITED METHODIST CHURCH 1001 NW 70TH Avenue, Plantation, Flyer Available at: <http://www.aabroward.org/eventCalander.asp>

Upcoming Events

July 8th-10th We are excited to announce that FCYPAA 2016 will be held in Sarasota from July 8th-10th. For information on how to register and book your hotel: <http://fcypaa35.org/>

July 15-17 SOUTH FLORIDA AREA 15 GENERAL SERVICE ASSEMBLY

“Don’t take yourself too damn seriously” Hosted by District 8, Boca Raton Marriott at Boca Center, 5150 Town Center Circle, Boca Raton, Florida 33486 QUESTIONS? Please contact our Banquet Chair: banquet@district8area15aa.org A link to the flyer can be found at: <http://district8area15aa.org/Calendar.aspx>

August 3rd - 7th - 60TH Florida Convention August

New Freedom New Happiness Innisbrook Golf & Spa Resort Palm Harbor, Florida 34684 More Info: 60.flstateconvention.com

December 2 - 4 Southeast Regional Forum Lake Mary Marriott - 1501 International Pkwy Lake Mary, FL 32746 Flyer at: <http://district8area15aa.org/go/calendar> Contact: serfnfac2016@gmail.com

Look to this Day (Tuesday, 9 am, Club Oasis) group needs support. come on by for a morning meeting.

Service Seekers
Stay Sober

Quotes

“When I stopped living in the problem and began living in the answer, the problem went away.”

— Alcoholics Anonymous

“We have learned that the satisfaction of instincts cannot be the sole aim of our lives.”

— Alcoholics Anonymous, Twelve Steps and Twelve Traditions

“To this day, I am amazed at how many of my problems - most of which had nothing to do with drinking, I believed - have become manageable or have simply disappeared since I quit drinking.”

— Alcoholics Anonymous

“One day at a time.”

— Alcoholics Anonymous, Alcoholics Anonymous - Big Book

“First of all, we had to quit playing God. It didn’t work.”

— Alcoholics Anonymous

Service is a way of life

Join an Intergroup Committee!

- 12 Step List
- Bridging the Gap
- Group Contact
- Phone Volunteers
- Institutions
- Public Information

Visit www.aa-palmbeachcounty.org or call 561-655-5700 for more information.

Palm Beach County Intergroup Association
1371 Okeechobee Road • WPB, FL 33401
Phone: 561-655-5700 • Fax: 561-655-6441
www.aa-palmbeachcounty.org
Email: pbciaa@bellsouth.net

A 6th Step prayer:

“God, Thank you for removing my fear and for showing me the truth about myself. Father, I need your help to become willing to let go of the things in me which continue to block me off from you. Please grant me your Grace Lord and make me willing to have these objectionable characteristics, defects and shortcomings removed.”

Steps • Traditions • Concepts

Step 6: Were entirely ready to have God remove all these defects of character.

Tradition 6: An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital??

2. Is it good for a group to lease a small building?

3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?

4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?

Concept 6: The conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

1. Are we familiar with how our General Service Board (G.S.B.) Class A and Class B trustees serve A.A.? Are we familiar with how our other trusted servants serve A.A.??

2. Are we clear about the terms "chief initiative" and "active responsibility"? Can we see a direct link to our home group? ▲

Keep it
Service Silly

JOIN THE BIRTHDAY CLUB!

Celebrate your years of recovery by giving a little something back!

You'll get:

Bill & Bob Medallion, Birthday Flyer and your Name printed in the TODAY newsletter.*

Complete this form and mail to:

Birthday Club, 1371 Okeechobee Road, WPB FL 33401 or email us at pbciaa@bellsouth.net

\$1 per year of sobriety is the suggested contribution (Feel free to give more!)

NAME: _____

ADDRESS: _____

Email: _____

Home Group: _____

Sobriety Date: _____ / _____ / _____

Phone # (_____) _____ - _____

DONATION: \$ _____

*Deadline for new submission for TODAY printing is the last Wednesday one month prior to the month of your anniversary

SUBSCRIBE TO THE TODAY!

\$6.00 per year | 12 issues mailed directly to you!

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Mail to: Palm Beach County Intergroup Association
1371 Okeechobee Road, West Palm Beach, FL 33401

**Does your group have an
upcoming AA event?
Send your submissions to
today@aa-palmbeachcounty.org**

Birthday Club

May Anniversaries

| | | | |
|----------|----------|-----------|----------|
| Mike S | 4 years | Geri L | 27 years |
| Len G | 4 years | Mary D | 29 years |
| Donna M | 6 years | Cathy M | 30 years |
| Jaki N | 7 years | Maryann M | 32 years |
| Linda H | 9 years | Joyce C-M | 36 years |
| Daniel K | 11 years | Robert F | 39 years |
| Karen W | 20 years | Joan H | 41 years |
| Helen B | 24 years | | |

June Anniversaries

| | | | |
|-----------|----------|-----------|----------|
| Connie Y | 7 years | Phil O | 25 years |
| Karen L | 9 years | Lee B | 33 years |
| Charlie G | 10 years | Jack H | 34 Years |
| Bill G | 16 years | Dori S | 35 years |
| Charlie O | 20 years | Annette K | 36 years |

Don't Drink, and Go To Meetings