



# Today

August  
2010

Palm Beach County Intergroup Association

1371 Okeechobee Road  
West Palm Beach, FL 33401  
561-655-5700 Fax 561-655-6441  
www.aa-palmbeachcounty.org  
pbciaa@bellsouth.net

**8** Made a list of all persons we had harmed, and became willing to make amends to them all.



I ask: Who did I hurt?  
How can I fix it?

Reprinted with permission ©AA World Services

Mark your calendars

## Potluck Dinner

Saturday, September 18<sup>th</sup>  
Finland House  
301 West Central Blvd.  
Lantana, FL 33462  
Dinner 6pm /Speaker 7:45pm

Guest Speaker  
Don P.  
Naples, FL



Tickets \$8  
Limited Seating Only  
500 tickets

Please Bring a covered dish if you can.

## BIG BOOK STEP / STUDY WORKSHOP

September 11<sup>th</sup> & 12<sup>th</sup>  
8:30 – 4:30 PM



@ The Triangle Club  
Serenity Room  
1369 Okeechobee Rd.  
West Palm Beach, FL 33401

Sponsored by  
"The Good Morning Group"

Participants are asked to bring their Big Book

a book will be provided if needed.  
This is a great opportunity to experience the Steps according to the Big Book.

Summer 2010  
Where & When's  
are available at Intergroup

Cost: \$.50 each  
\$10.00 a bundle



Groups may announce sponsored events in the Today.  
Call the Intergroup Office  
655-5700

### Office Activity in June

- Requests for meeting info - 178
  - 12 Step Requests - 10
  - Other program info - 19
  - Institutions - 1
  - Public Information - 1
  - Visitors - 214
  - AA Emails - 6
- Total: 431**



## Service Schedule

- 9/12 - GSR Meeting 5:00pm
- 9/1 - Steering Committee Meeting 6:15pm
- 9/5 - Institutions Committee Meeting 4:45pm
- 9/8 Intergroup Meeting 6:15pm

### Website Visits

- 1st time visits - 1,640
  - Return visits - 371
- Total Visitors - 2,011**

## Intergroup's Purpose

To serve our associated groups in carrying the A.A. message to the still suffering alcoholic according to the principles of the Twelve Steps, Twelve Traditions, and Twelve Concepts of A.A., always remembering that our common welfare comes first.

**Intergroup Meeting Minutes for July 7th, 2010**

Alex A. called the meeting to order at 6:17pm followed by the Serenity prayer and the reading of the 12 Traditions.

**Welcome New Representatives:** Dan/Getting Started

**Vice Chair's Report: Steve Y.** It turned out that the Founder's Day Picnic was a success. We would like to thank all who volunteered their services. We also want to thank all the members of Palm Beach County who came and supported the event. It was a lot of fun and fellowship by all who attended. The operating report will be presented by our treasurer Henry M.

**Secretary's Report: Karen L.** - Motion made to accept minutes as printed in the Today. Passed

**Treasurer's Report: Henry M.** - Our monthly revenue for June 2010 was **\$11,777.52** with expenses being **\$10,941.92** leaving us with a surplus of **\$835.60**. By keeping our belts tight, support from groups and through service we were able to transfer **\$1640.00** into our Prudent Reserve (the first since July of 2006) making the current balance **\$3640.25** which leaves us below the **\$24,000.00** mark by **\$20,359.75**. In June of 2009 our income was **\$8741.32** and expenses were **\$10,415.79** leaving us with deficit of **(\$1674.47)**. Our Prudent Reserve balance was **\$12,384.66** at that time, below the mark by **\$11,615.34**. Our Founder's Day Picnic was a great success, providing fellowship, food, and fun for nearly 200 attendees. Our total income was **\$3185.00** and expenses were **\$2909.00** leaving us with a surplus of **\$276.00** Thank you to all who volunteered and to all who participated. At the time of this report we are still awaiting for final figures as all ticket proceeds may not have been turned in.

**Committee Reports:**

**1. General Service/Intergroup Liaison: Maggie T.** - Absent

**2. Office Manager: Ed Bednarz** - We have openings for office volunteers for Friday 1 - 5 PM and Saturday (for the next three weeks only) from 9:30 - 1:30. We could also use back-up office volunteers for vacation coverage. The office volunteers sell literature, answer the phone and assist with any special projects. Remember it is summer and the activity is slow, so if you decided to volunteer bring a book or your laptop. We have a wireless router so you can have free internet access. Activity for June was 431 compared to 522 for May. June activity is broken down as follows: 178 meeting information calls, 10 - 12<sup>th</sup> Step requests, 2 Bridging the Gap requests, 19 requests for other program information, 1 request for public information, 1 request for institutions meetings, 214 visitors to the office, and 6 emails for meeting information or other information. We have plenty of "Where & When's" for sale, as well as Conference Approved literature and pamphlets. If you would like to volunteer at the office, please call the Intergroup Office at 655-5700

**3. Public Information: (Open)**

**4. 12 Step List: Nick F.** 12 Step List Men: 49 Volunteers. Last updated 6-15-10. 12 Step List Women: 63 Volunteers. Last updated 7-8-10. New volunteers or existing volunteers can email info/changes to [phonevolunteer@aa-palmbeachcounty.org](mailto:phonevolunteer@aa-palmbeachcounty.org)

**5. Phone Volunteer: (open)- Lulz C.** - All positions are filled. Regarding new volunteers, we are always in need of back-ups, especially for Monday holidays when office is closed. The shifts are: 9am-1pm and 1pm-5pm. Anyone interested please contact me through my e-mail : [scimitar2127@hotmail.com](mailto:scimitar2127@hotmail.com) (please put "phones" on subject).

**6. Today: Mark P.** Everything looks good.

**7. B-Day Club/Today: Pat D.** - 28 Todays and 11 June Birthdays. 18 New Birthdays & 0 New Todays.

**8. Website Committee: Larry M.** - Still learning and did first update and was a success.

**9. Group Contact Committee: Hugh H.** - Absent

**10. Bridging the Gap: Ashley N.** - 12 bridges as of 6/30/10. Need volunteers for WPB-Jupiter.

**11. Institution Committee: Wendy** - Your Institutions Committee currently brings 108 meetings a week to 36 facilities, we had 4 new volunteers join in the month of June. There are still plenty of opportunities for all interested in this rewarding service work. We particularly need volunteers who are willing to go through the clearance process and take meetings into the county jail and state prisons. Plan to attend our regular meeting at the Triangle Club on Sunday, August 1st, orientation at 4:30 pm followed by the full committee meeting at 5:00pm. New volunteers need to have six months of continuous sobriety and observe 2 meetings in facilities prior to active service. Hope to see you at our general meeting.

**12. Ad-Hoc Committee for reviewing Intergroup By-Laws: Gary B.** The committee met last month and we have just about completed our work. When we meet in July we will finalize our work and will present the proposed By-Laws and Organizational Structure in August. The committee will be available when this body requests our presence to explain our thoughts and reasoning. See y'all in August.

**Unfinished Business:**

Picnic- Results and Financial Reports- Done

Potluck Dinner- September 18<sup>th</sup>- Finland House- looking for a speaker. Tickets will be \$8.

Bake Sale- November?- Possible Open House

Unity Breakfast to be held in January. May present idea to South County.

Changing Steering Committee/Intergroup meeting. Motion made. Voted 16 for 8 against 3 abstained. Effective September the Steering Committee meeting will be the 1<sup>st</sup> Wednesday & the Intergroup meeting will be the 2<sup>nd</sup> Wednesday.

**Business Discussed:**

Alcathon Preparation- tabled until next month.

Book Cases/ Display Cases needed.

**From The Floor:**

Oasis Club stated they would like to start purchasing their literature from us as their's is marked up too high.

Sobriety First in Wellington suggested a Satellite Office. Was recommended the idea be table until we revisit the possible move when our lease is up.

**TRADITION 8**

**Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.**

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition—How It Developed*?

# Today

Palm Beach County Intergroup Association

## Palm Beach County Intergroup Operating Report - 6/1/2010 - 6/30/2010

**Revenues:**

Literature Sales	\$3,894.76
Sales Tax	253.52
Tax Exempt Sales	137.75
Group Contributions	3,937.99
Picket Tickets	1,863.00
Picnic Revenues	686
Today Memberships	-
Birthday Club Memberships	109
Meeting Basket	65
Bowling for Big Books	<u>830.5</u>

**Total Revenues:****\$11,777.52****Expenses:**

Literature Purchases	\$4,330.16
Sales Tax	241.83
Picnic Expenses (See attached)	2,587.63
Office Salary	2,192.32
Payroll Added	60.06
Paychex(monthly fee)	59
Repairs & Maintenance	64
Rent & Water	475
AT&T (Internet, Phone, Website)	310.67
FP&L	164.95
Exterminating	35
Printing	108.4
Office Supplies / Postage	312.9

**Total Expenses****\$10,941.92****Monthly Surplus / (Deficit)****\$835.60****Checking Account Balance****\$5,332.17****Prudent Reserve Balance****\$3,640.25****Transferred to Prudent Reserve****\$1,640.00**

### INSTITUTIONS COMMITTEE Operating Report 6/1/10-6/30/10

**Beginning Balance****\$10,921.99****Income:****Group Contributions**

After Hours Group	
Smoke Free Sobriety	
Good Guys Group	\$36.00
Good Morning Group	\$100.00
Love Faith & Life	\$5.00
Each Day a New Beginning	
We All Had to Start Somewhere	
Anonymous Donations	
<b>Total Contributions</b>	<b>\$141.00</b>

Bowling for Big Books Income

\$430.00

**Total Income****\$571.00****Expenses:**

Bank Charge	\$15.00
Big Books	\$0.00
Printing	\$10.00
Bowling for Big Books - Intergroup Share of Profit	\$215.00
Rent	\$60.00
<b>Total Expenses</b>	<b>\$300.00</b>

**Monthly Profit/Loss****\$271.00****Ending Balance****\$11,192.99**

## Palm Beach County Intergroup Association Service Opportunities Available

**Phone Volunteer Committee:** Volunteers are needed to answer calls to the Intergroup Office when the office is closed at night and on weekends. Backup volunteers are always needed. Calls would be forwarded to your home or cell phone during the time slot of your choice. You then would forward these calls to available volunteers on the 12th Step List or simply answer questions about meeting times and locations.

**The 12th Step List** is also in need of volunteers to answer 12 Step calls which come into the office; six months of sobriety is required. Please consider being involved in this very crucial form of AA service. For more information or to volunteer please call the Intergroup Office or ask your Intergroup Rep. for the sign-up list.

**The Intergroup Service Committee** seeks to fulfill any special need or request of the groups, such as sign language interpreter. If your group is in need of a special service, please contact the Intergroup office.

## Meeting Dept.

### New Meetings:

**Old-timers Group**, Monday, 12:00 Noon, OD (open discussion,) Club Oasis, 10859 Prosperity Farms Road, Palm Beach Gardens, FL 33410

**Happy Hour Meeting**, Saturday, 3:30 PM, OD, Club Oasis, 10859 Prosperity Farms Road, Palm Beach Gardens, FL 33410

**Patience, Love & Tolerance**, Sunday, 7:30 PM OD BB, (open discussion Big Book,) Mary Mother of the Light, 4891 Lake Worth Road, Green Acres, FL 3346

**Back to the Book**, Saturday, 7:00 PM, BB, St Michael's Evangelical Lutheran Church, 1925 Birkdale Drive, Wellington, FL.

### Meeting Changes:

**Shell Seekers Group**, Tuesday & Thursday, 12:00 Noon, ODW (open discussion women's,) American Legion Post 271, 775 N US Highway 1, Jupiter, FL & Thursday, 12:00 Noon. **Meeting Cancelled.**

**Sober, Alive & Free**, Friday, 8:30 PM, CD (closed discussion,) St Mark's Episcopal Church, Room #308, 3395 Burns Road, Palm Beach Gardens, FL. **Meeting Time is now 7:00 PM.**

**Women Seeking the Truth Group**, Monday 7:30 PM OD BB SS, (open discussion Big Book / Step meeting,) St John's Lutheran Church, 241 Cypress Dr, Lake Park, FL. **Moved to: 7:00 PM at Calvary United Methodist Church Fellowship Hall, 301 1st Ave S, Lake Worth, FL 33460.**

**Love, Faith & Life**, Thursday, 8:30 PM, CD, Good Shepherd Methodist Church, 2341 S Military Trail, West Palm Beach, FL. **Has an ASL Interpreter every Thursday.**

**Another Miracle**, Thursday, 7:00 PM, Memorial Presbyterian Church, 1300 S Olive Ave, WPB, FL. **Meeting format changed to Big Book Meeting.**

### Meeting Corrections:

**Bethesda Group**, Tuesday, 6:30 PM, OS (open speaker,) Bethesda by the Sea Episcopal Church, 141 S County Road, Palm Beach, FL. **Meeting Time is 8:30 PM.**

**Heart to Heart Group**, Saturday, 8:00 PM, OD, American Legion Post #271, 775 N us Highway 1, Jupiter, FL. **Meets at: Christ the King Lutheran Church, 46 Willow RD, Tequesta, FI 33409**

**WELCOME NEW REPS IN June!!!**

Dan—Getting Started

### From the Officers.....

A couple of issues have come before Intergroup from our western community groups. The first is the extended drive to the Intergroup office for these groups to get their respective supplies. It was suggested that we open a western office to support those groups. Though we do see this area growing in both groups and meetings, financially we are not in the position to do this as we still are struggling to keep our office financially secure. Maybe the answer would be to communicate with the other groups out west and set up a rotation of combined orders and each could take a turn coming to the office for all supplies needed each month. The Intergroup office would be happy to accept fax orders and have them available for pick up.

The other issue coming forward also involves our western groups. A number of hospitals, including Palms West, are changing their security procedures by requiring all visitors to present photo ID and will run all visitors for any outstanding warrants. If the visitor has warrants, then security will call police and have the visitor arrested. This of course would affect groups and members attending meetings inside the hospital. Members have contacted Intergroup seeking guidance and suggestions regarding Traditions and alternatives.

Anonymity is one of our most cherished principals both at the personal and public level. Many of us would not have attended our first meeting if we could not have remained anonymous. A.A. pamphlet "Understanding Anonymity" really spells this out and Bill W. in his last talk felt it so important as to be the only thing future generations should never change. Groups who continue to meet in these hospitals are free to do so. Intergroup does not "police" groups and every group has the right to practice the 12 Steps and 12 Traditions as their group conscience decides. This is very clear in our 4<sup>th</sup> Tradition. We feel at the Intergroup level we have the responsibility of informing members, especially the newcomer, of this anonymity break. This information should be available in the Where and When, the Intergroup web site, and at the Intergroup office.

Your participation is always needed. We are listening, but action ought to come from all of us.

Yours in Service and Spirit,

Intergroup Officers



"All he keeps saying is, 'I should have called my sponsor.'"

## JOIN THE BIRTHDAY CLUB!

Celebrate your years of recovery  
by giving a little something back!

You get:  
Bill & Bob Medallion,  
Birthday Flyer  
Name in TODAY newsletter

Complete this form and mail to:

Birthday Club, 1371 Okeechobee Road, WPB FL 33401  
Or email us at: pbciaa@bellsouth.net.

**\$1 per year of sobriety is the suggested donation.**  
(Feel free to give more!)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

SOBRIETY DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_



## BIRTHDAY CLUB

### ◆ August Celebrants ◆

Louise S - 18 years  
Bill B. - 29 years  
Susan C. - 31 years  
Lori G. - 9 years  
In Memory Of - Walter M - 20 years.



reprinted with permission ©AA Grapevine

If you know an American Sign Language interpreter who would be interested in volunteering to interpret AA meetings, please contact the office 561-655-5700.

## Subscribe to Today!

**\$6.00 per year**  
**12 issues mailed directly to you!**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mail to:

Palm Beach County Intergroup Association  
1371 Okeechobee Rd, West Palm Beach, FL 33401

## In Loving Memory

Robert W. passed away on Sunday July 18, 2010. Bob who founded ODAAT house, a halfway house in Lake Worth, and began the Saturday night "Make Your Bed Group" of Alcoholics Anonymous was known by many as "Make Your Bed Bob". Bob was active in the recovery fellowship and attended many A.A. meetings on a daily basis. Bob truly lived "Happy, Joyous, and Free" and enjoyed putting a smile on all faces he meet. Bob would place stuffed Tweedy Birds or other stuffed animals on the front of his car in the hopes people would find a little happiness in their passing. The Easy Does It Club held a memorial in Bobs' honor for his many friends and family to remember Bob and the many lives he had touched. Bob will be missed and thought of fondly by all who knew him and those who just smiled by his presence.

## ◆ BRIDGING THE GAP ◆

### A TEMPORARY CONTACT PROGRAM

If you are in a correctional/treatment facility, give us a call.

Getting back into "real world" is not always easy for the alcoholic. Many of us had not been sober on the outside for a long time, and we admitted that the first days out were a little frightening. Sometimes, we did not know if we would stay sober. Even new members of A.A. usually know that they cannot make it alone. The dilemma for some of us was that we were not sure we could make it in A.A. either. We said things like, "where will I find a meeting I can be comfortable in?" or "Who will be able to trust?" It was tempting to give in to "I won't fit in", or "I'm too different." Lots of alcoholics think like this; **we did.**

To begin contact and request help from A.A. volunteers, call the following number. You will be put in touch with the Bridging the Gap coordinator and a volunteer will contact you.

**(561)655-5700**

ASL Interpreted Meetings are offered  
Thursday @ 8:30 pm at the  
Love, Faith & Life Group  
Good Shepherd United Methodist Church  
2341 South Military Trail, WPB